

Highest Intentions

Highest Intentions
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Some Key Elements of Learning

Question what you hold as true.

Do I challenge my beliefs, or am I stuck within them? How do I respond to new ideas? Am I too rigid? Too gullible?

Uncover your assumptions and beliefs.

What do I think is true, and why do I think so? Have I experienced these things or have I just accepted them without investigation?

Free yourself from attachment to these concepts.

Can I be open to other possibilities and explore them personally? Am I willing to discover that I was wrong about something?

Hold onto a state of not-knowing.

Without being able to name this experience, or decide what everything means or what's true, can I remain attentive and wonder about it?

Become conscious of new possibilities outside of your habitual assumptions.

Am I truly open? Am I willing to "see" something beyond my current understanding?

August 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Kerrville 5:45-6:45 Kids 5:45-7:15 Adults	4 Private Lessons 5:30-7:00	5 Kerrville 5:45-6:45 Kids 5:45-7:15 Adults	6	7
8	9	10 Kerrville 5:45-6:45 Kids 5:45-7:15 Adults New Moon	11 Private Lessons 5:30-7:00	12 Kerrville 5:45-6:45 Kids 5:45-7:15 Adults	13	14
15	16	17 Kerrville 5:45-6:45 Kids 5:45-7:15 Adults	18 Private Lessons 5:30-7:00	19 Kerrville 5:45-6:45 Kids 5:45-7:15 Adults	20	21
22	23	24 Kerrville 5:45-6:45 Kids 5:45-7:15 Adults Full Moon	25 Private Lessons 5:30-7:00	26 Kerrville 5:45-6:45 Kids 5:45-7:15 Adults	27	28
29	30	31 Kerrville 5:45-6:45 Kids 5:45-7:15 Adults				

Happy Birthday !!!



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